

# Ruby Tuesday

## ALLERGEN / SENSITIVITY MENU GUIDE SEPTEMBER 2010

### Eat Smart & Live Well

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Eating at Ruby Tuesday is all about having a choice, with a menu that offers a wide variety of delicious decisions.

Because many of our guests want to know more about the food we serve, we have created this menu guide. It has information about which menu choices might affect those with various allergies or sensitivities to foods. As our recipes and ingredients change, we will update this information. We hope you find it useful, and we welcome your feedback.

### Please Read This Information

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Note: The \* on the menu denotes items that are cooked to order. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have a medical condition.

Ruby Tuesday strives to ensure that every guest has a great dining experience, and that includes those with special dietary needs and medical requirements. For this reason, we have prepared these menu options based on information obtained from our food suppliers. Every effort is made to keep this information current and accurate. However, ingredient changes may occur due to substitutions, preparation variation, and regional availability of products.

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These menus are developed from our system menu selections. Allergen information is not available online for those restaurants that are operating under a non-system (test or high volume) menu. Please consult a manager during your visit to determine if the restaurant is using a system or non-system (test or high volume) menu.

To view our Nutritional Menu Guide, click <http://www.rubytuesday.com/content/files/nutrition.pdf>.

# SUGGESTED MENU ITEMS FOR EGG ALLERGY

## APPETIZERS

*(no Garlic Cheese Biscuits)*

- Chicken Quesadilla *(no salsa)*
- California Club Quesadilla *(no salsa)*
- Fresh Avocado Quesadilla *(no salsa)*

EGG

## GARDEN FRESH SALADS

*(no Garlic Cheese Biscuits)*

Freshly Made Soup & Garden Salad *(also no Broccoli & Cheese soup, no White Bean Chicken Chili, no Clam Chowder, no croutons on Garden Salad)*

Garden Salad *(also no croutons)*

Grilled Chicken Salad *(petite/full – also no croutons)*

Grilled Salmon Salad *(petite/full – also no croutons)*

Creole Shrimp Salad *(petite/full – also no croutons)*

Fresh Garden Bar

### EGG FREE TOPPINGS:

*Diced red peppers, edamame, artichokes, southwestern mix, dried cranberries, diced apples, cottage cheese, shredded cheddar cheese, garbanzo beans, diced ham, shredded Swiss cheese, black olives, bacon bits, banana peppers, feta cheese crumbles, beets, Parmesan cheese, pepperoncini, green peas, sun dried tomatoes, blue cheese crumbles, sunflower seeds*

### EGG FREE DRESSINGS:

*Balsamic Vinaigrette, Zesty Italian, French, Olive Oil & Vinegar*

## PREMIUM SEAFOOD

*(no Garlic Cheese Biscuits)*

- Creole Catch
- New Orleans Seafood *(also no Parmesan cream sauce)*
- Grilled Salmon

## STEAKS & CHICKEN

*(no Garlic Cheese Biscuits, no Lobster Mac 'n Cheese or Shrimp Scampi add-ons)*

- Petite Sirloin\* (7 oz.)
- Top Sirloin\* (9 oz.)
- Chef's Cut Sirloin\* (12 oz.)
- Rib Eye\* (14 oz.)
- Peppercorn Mushroom Sirloin\* (9 oz., *also no Parmesan cream sauce*)
- Cowboy Sirloin\* (9 oz., *also no Boston barbecue sauce, no onion rings*)
- Steak\* & Lobster Tail
- Chicken Fresco *(also no lemon-butter sauce)*
- Chicken Bella *(also no Parmesan cream sauce)*
- Barbecue Grilled Chicken *(also no Boston barbecue sauce)*

## PASTA CLASSICS

*(pastas are egg free, no Garlic Cheese Biscuits)*

- Parmesan Shrimp Pasta *(also no Parmesan cream sauce)*
- Vegetarian Pasta Marinara
- Chicken & Mushroom Alfredo *(also no Parmesan cream sauce)*
- Chicken & Broccoli Pasta *(also no Parmesan cream sauce)*
- Shrimp Carbonara *(also no Parmesan cream sauce)*

## RIBS & PLATTERS

*(no Garlic Cheese Biscuits, no Chicken Tenders, Louisiana Fried Shrimp, or Wings add-ons)*  
Memphis Dry Rub Baby-Back Ribs

## SIGNATURE SIDES

Baked Potato  
Sugar Snap Peas  
Fresh Steamed Broccoli  
White Cheddar Mashed Potatoes  
Fresh Grilled Asparagus  
Fresh Grilled Green Beans  
Loaded Baked Potato  
Diced Apples *(kids' menu; no caramel sauce)*

EGG

## PERFECT LUNCH COMBINATIONS

*(no Garlic Cheese Biscuits, no Broccoli & Cheese Soup, no White Bean Chicken Chili, no Clam Chowder, no croutons on Garden Salad)*  
Freshly Made Soup & Garden Salad  
Ruby Minis Combination *(also no french fries, no Ruby's mayonnaise, no cheese)*

## FRESH HANDCRAFTED BURGERS\*

*(no Garlic Cheese Biscuits, no Ruby's mayonnaise, no french fries)*  
Ruby's Classic Burger  
Bacon Cheeseburger *(also no cheese)*  
Boston Blue Burger *(also no onion rings, no Boston barbecue sauce)*  
Alpine Swiss Burger  
Smokehouse Burger *(also no onion rings, no barbecue sauce)*

## FRESH HANDCRAFTED PRIME BURGERS\*

*(no Garlic Cheese Biscuits, no premium knot bun, can substitute golden bun, no Ruby's mayonnaise, no french fries)*  
Triple Prime Burger  
Triple Prime Cheddar Burger  
Triple Prime Bacon Cheddar Burger

## PREMIUM SANDWICHES

Fresh Grilled Chicken Sandwich *(no Garlic Cheese Biscuits, no Ruby's mayonnaise, no honey mustard dressing, no french fries)*

## KIDS' MENU

*(no Garlic Cheese Biscuits)*  
Pasta Marinara *(pasta is egg free)*  
Butter Pasta *(pasta is egg free)*  
Chop Steak  
Grilled Chicken  
Beef Mini Burgers *(also no cheese)*

## DESSERTS

Berry Good Yogurt Parfait *(no granola)*

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# SUGGESTED MENU ITEMS FOR FISH ALLERGY

## APPETIZERS

Chicken Quesadilla *(no salsa)*  
California Club Quesadilla *(no salsa)*  
Fresh Avocado Quesadilla *(no salsa)*

# FISH

## GARDEN FRESH SALADS

Freshly Made Soup & Garden Salad *(no Broccoli & Cheese soup, no White Bean Chicken Chili, no Clam Chowder, no croutons on Garden Salad)*  
Garden Salad *(no croutons)*  
Grilled Chicken Salad *(petite/full – no croutons)*  
Creole Shrimp Salad *(petite/full – no croutons)*  
Fresh Garden Bar

### FISH FREE TOPPINGS:

*Diced red peppers, edamame, artichokes, southwestern mix, dried cranberries, diced apples, cottage cheese, shredded cheddar cheese, garbanzo beans, diced ham, shredded Swiss cheese, black olives, diced egg, bacon bits, banana peppers, feta cheese crumbles, beets, Parmesan cheese, pepperoncini, green peas, sun dried tomatoes, blue cheese crumbles, sunflower seeds*

### FISH FREE DRESSINGS:

*Balsamic Vinaigrette, Lite Ranch, Zesty Italian, Blue Cheese, French, Ranch, Honey Mustard, Olive Oil & Vinegar*

### FISH FREE GARDEN BAR SALAD:

*Blue Cheese Coleslaw*

## STEAKS & CHICKEN

*(no Lobster Mac 'n Cheese or Shrimp Scampi add-ons)*  
Petite Sirloin\* *(7 oz.)*  
Top Sirloin\* *(9 oz.)*  
Chef's Cut Sirloin\* *(12 oz.)*  
Rib Eye\* *(14 oz.)*  
Peppercorn Mushroom Sirloin\* *(9 oz., also no Parmesan cream sauce)*  
Cowboy Sirloin\* *(9 oz., also no Boston barbecue sauce, no onion rings)*  
Steak\* & Lobster Tail  
Chicken Fresco *(no lemon-butter sauce)*  
Chicken Bella *(no Parmesan cream sauce)*  
Barbecue Grilled Chicken *(no Boston barbecue sauce)*

## PASTA CLASSICS

Parmesan Shrimp Pasta *(no Parmesan cream sauce)*  
Vegetarian Pasta Marinara  
Chicken & Mushroom Alfredo *(no Parmesan cream sauce)*  
Chicken & Broccoli Pasta *(no Parmesan cream sauce)*  
Shrimp Carbonara *(no Parmesan cream sauce)*

## RIBS & PLATTERS

*(no Chicken Tenders, Louisiana Fried Shrimp, or Wings add-ons)*  
Memphis Dry Rub Baby-Back Ribs

## SIGNATURE SIDES

Baked Potato  
Blue Cheese Coleslaw  
Sugar Snap Peas  
Fresh Steamed Broccoli  
White Cheddar Mashed Potatoes  
Fresh Grilled Asparagus  
Fresh Grilled Green Beans  
Loaded Baked Potato  
Diced Apples (*kids' menu; no caramel sauce*)

# FISH

## PERFECT LUNCH COMBINATIONS

(*no Broccoli & Cheese Soup, no White Bean Chicken Chili, no Clam Chowder, no croutons on Garden Salad*)  
Freshly Made Soup & Garden Salad  
Ruby Minis Combination (*also no french fries*)

## FRESH HANDCRAFTED BURGERS\*

(*no french fries*)  
Ruby's Classic Burger  
Classic Cheeseburger  
Bacon Cheeseburger  
Boston Blue Burger (*also no onion rings, no Boston barbecue sauce*)  
Alpine Swiss Burger  
Smokehouse Burger (*also no onion rings, no barbecue sauce*)

## FRESH HANDCRAFTED PRIME BURGERS\*

(*no french fries*)  
Triple Prime Burger  
Triple Prime Cheddar Burger  
Triple Prime Bacon Cheddar Burger

## PREMIUM SANDWICHES

Fresh Grilled Chicken Sandwich (*no french fries*)

## KIDS' MENU

Pasta Marinara  
Butter Pasta  
Chop Steak  
Grilled Chicken  
Beef Mini Burgers  
Gourmet Chocolate Chip Cookies

## DESSERTS

Italian Cream Cake  
New York Cheesecake  
Berry Good Yogurt Parfait (*no granola*)  
Gourmet Chocolate Chip Cookies

## BRUNCH

Biscuits  
Berry Good Yogurt Parfait (*no granola*)  
Mini Benedicts – Steak (*no brunch potatoes*)  
Sunrise Quesadilla – California Club (*no salsa*)  
Sunrise Quesadilla – Bacon Avocado (*no salsa*)  
Western Omelet (*no brunch potatoes*)  
Cranapple Crêpes (*no caramel sauce, no whipped topping, no syrup*)  
Steak\* & Eggs (*no brunch potatoes*)

# FISH

## KIDS' BRUNCH

Biscuits  
Patty Cakes (*no syrup*)  
Eggscellent Combo (*no brunch potatoes*)

**NOTE:** *Ruby Tuesday strives to ensure that every guest has a great dining experience, and that includes those with special dietary needs and medical requirements. For this reason, we have prepared these menu options based on information obtained from our food suppliers. Every effort is made to keep this information current and accurate. However, ingredient changes may occur due to substitutions, preparation variation, and regional availability of products. We encourage you to use these menu options as a tool to help you make your dining choices and not to the exclusion of professional medical advice tailored to your specific needs. We will update these online menus as our menu selections, ingredients, and/or preparation techniques change. Please visit our website often for the most current allergen/sensitivity information available. Limited time offers and weekend specials have not been included in these menu options.*

# SUGGESTED MENU ITEMS FOR GLUTEN SENSITIVITY / WHEAT ALLERGY

## GARDEN FRESH SALADS

*(no Garlic Cheese Biscuits)*

- Garden Salad *(also no croutons)*
- Grilled Chicken Salad *(petite/full – also no croutons)*
- Grilled Salmon Salad *(petite/full – also no croutons)*
- Creole Shrimp Salad *(petite/full – also no croutons)*
- Fresh Garden Bar

### GLUTEN/WHEAT FREE TOPPINGS:

*Diced red peppers, edamame, artichokes, southwestern mix, dried cranberries, diced apples, cottage cheese, shredded cheddar cheese, garbanzo beans, diced ham, shredded Swiss cheese, black olives, diced egg, bacon bits, banana peppers, feta cheese crumbles, beets, Parmesan cheese, pepperoncini, green peas, sun dried tomatoes, blue cheese crumbles, sunflower seeds*

### GLUTEN/WHEAT FREE DRESSINGS:

*Balsamic Vinaigrette, Lite Ranch, Zesty Italian, Blue Cheese, French, Ranch, Honey Mustard, Olive Oil & Vinegar*

### GLUTEN/WHEAT FREE GARDEN BAR SALAD:

*Blue Cheese Coleslaw*

GLUTEN  
WHEAT

## PREMIUM SEAFOOD

*(no Garlic Cheese Biscuits)*

- Creole Catch
- New Orleans Seafood *(also no Parmesan cream sauce)*
- Grilled Salmon

## STEAKS & CHICKEN

*(no Garlic Cheese Biscuits, no Lobster Mac 'n Cheese or Shrimp Scampi add-ons)*

- Petite Sirloin\* (7 oz.)
- Top Sirloin\* (9 oz.)
- New Chef's Cut Sirloin\* (12 oz.)
- Rib Eye\* (14 oz.)
- Peppercorn Mushroom Sirloin\* (9 oz., *also no Parmesan cream sauce*)
- Cowboy Sirloin\* (9 oz., *also no Boston barbecue sauce, no onion rings*)
- Steak\* & Lobster Tail
- Chicken Fresco *(also no lemon-butter sauce)*
- Chicken Bella *(also no Parmesan cream sauce)*
- Barbecue Grilled Chicken *(also no Boston barbecue sauce)*

## RIBS & PLATTERS

*(no Garlic Cheese Biscuits, no Chicken Tenders, Louisiana Fried Shrimp, or Wings add-ons)*

- Memphis Dry Rub Baby-Back Ribs

## SIGNATURE SIDES

- Baked Potato
- Blue Cheese Coleslaw
- Sugar Snap Peas
- Fresh Steamed Broccoli
- White Cheddar Mashed Potatoes
- Fresh Grilled Asparagus
- Fresh Grilled Green Beans
- Loaded Baked Potato
- Diced Apples *(kids' menu; no caramel sauce)*

## FRESH HANDCRAFTED BURGERS\*

*(no Garlic Cheese Biscuits, no bun, no french fries)*

- Ruby's Classic Burger
- Classic Cheeseburger
- Bacon Cheeseburger
- Boston Blue Burger *(also no onion rings, no Boston barbecue sauce)*
- Alpine Swiss Burger
- Smokehouse Burger *(also no onion rings, no barbecue sauce)*

GLUTEN  
WHEAT

## FRESH HANDCRAFTED PRIME BURGERS\*

*(no Garlic Cheese Biscuits, no bun, no french fries)*

- Triple Prime Burger
- Triple Prime Cheddar Burger
- Triple Prime Bacon Cheddar Burger

## PREMIUM SANDWICHES

Fresh Grilled Chicken Sandwich *(no Garlic Cheese Biscuits, no bun, no french fries)*

## KIDS' MENU

*(no Garlic Cheese Biscuits)*

- Beef Mini Burgers *(also no bun)*
- Chop Steak
- Grilled Chicken

## DESSERTS

Berry Good Yogurt Parfait *(no granola)*

## BRUNCH

*(no biscuits, no brunch potatoes)*

- Berry Good Yogurt Parfait *(also no granola)*
- Mini Benedicts – Steak *(also no bun)*
- Western Omelet
- Steak\* & Eggs

## KIDS' BRUNCH

Eggscellent Combo *(no biscuits, no brunch potatoes)*

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# SUGGESTED MENU ITEMS FOR MILK ALLERGY

## GARDEN FRESH SALADS

*(no Garlic Cheese Biscuits)*

Garden Salad *(also no croutons, no Parmesan cheese)*

Grilled Chicken Salad *(petite/full – also no croutons, no Parmesan cheese)*

Grilled Salmon Salad *(petite/full – also no croutons, no Parmesan cheese)*

Creole Shrimp Salad *(petite/full – also no croutons, no Parmesan cheese)*

Fresh Garden Bar

# MILK

### MILK FREE TOPPINGS:

*Diced red peppers, edamame, artichokes, dried cranberries, diced apples, garbanzo beans, diced ham, black olives, diced egg, bacon bits, banana peppers, beets, pepperoncini, green peas, sun dried tomatoes, sunflower seeds*

### MILK FREE DRESSINGS:

*Balsamic Vinaigrette, French, Honey Mustard, Olive Oil & Vinegar*

## PREMIUM SEAFOOD

*(no Garlic Cheese Biscuits)*

Creole Catch

New Orleans Seafood *(also no Parmesan cream sauce)*

Grilled Salmon

## STEAKS & CHICKEN

*(no Garlic Cheese Biscuits, Lobster Mac 'n Cheese or Shrimp Scampi add-ons)*

Petite Sirloin\* *(7 oz., also no seasoned steak butter)*

Top Sirloin\* *(9 oz., also no seasoned steak butter)*

Chef's Cut Sirloin\* *(12 oz., also no seasoned steak butter)*

Rib Eye\* *(14 oz., also no seasoned steak butter)*

Peppercorn Mushroom Sirloin\* *(9 oz., also no Parmesan cream sauce)*

Steak\* & Lobster Tail *(also no melted butter)*

Chicken Fresco *(also no lemon-butter sauce)*

Chicken Bella *(also no Parmesan cream sauce)*

Barbecue Grilled Chicken *(also no Boston barbecue sauce)*

## PASTA CLASSICS

*(no Garlic Cheese Biscuits)*

Parmesan Shrimp Pasta *(also no Parmesan cream sauce, no Parmesan cheese)*

Vegetarian Pasta Marinara

Chicken & Mushroom Alfredo *(also no Parmesan cream sauce)*

## RIBS & PLATTERS

*(no Garlic Cheese Biscuits, no Chicken Tender, Louisiana Fried Shrimp, or Wings add-ons)*

Memphis Dry Rub Baby-Back Ribs

## SIGNATURE SIDES

Baked Potato *(no butter, no sour cream)*

Sugar Snap Peas

Fresh Steamed Broccoli

Fresh Grilled Asparagus

Fresh Grilled Green Beans

Diced Apples *(kids' menu; no caramel sauce)*

## PERFECT LUNCH COMBINATIONS

Ruby Minis Combination *(no Garlic Cheese Biscuits, no cheese, no french fries, no soup, no croutons or Pamesan cheese on Garden Salad)*

The word "MILK" is written in a large, bold, sans-serif font. The letters are white with a light grey shadow or outline, giving it a 3D effect. The background is a light grey gradient.

## FRESH HANDCRAFTED BURGERS\*

*(no Garlic Cheese Biscuits, no french fries)*

Ruby's Classic Burger

Bacon Cheeseburger *(also no cheese)*

Alpine Swiss Burger *(also no cheese)*

## FRESH HANDCRAFTED PRIME BURGERS\*

*(no Garlic Cheese Biscuits, no premium knot roll (can substitute golden bun), no french fries)*

Triple Prime Burger

Triple Prime Bacon Cheddar Burger *(also no cheese)*

## PREMIUM SANDWICHES

Fresh Grilled Chicken Sandwich *(no Garlic Cheese Biscuits, no pretzel roll (can substitute golden bun), no cheese, no french fries)*

## KIDS' MENU

*(no Garlic Cheese Biscuits)*

Pasta Marinara

Butter Pasta *(this item is made with liquid margarine that does not contain a milk ingredient)*

Beef Mini Burgers *(no cheese)*

Grilled Chicken

Chop Steak

## BRUNCH

*(no biscuits, no brunch potatoes)*

Mini Benedicts – Steak *(also no cheese in eggs, no Hollandaise sauce)*

Western Omelet *(also no cheese, no Hollandaise sauce)*

Steak\* & Eggs *(also no cheese in eggs)*

## KIDS' BRUNCH

Eggscellent Combo *(no biscuits, no cheese in eggs, no brunch potatoes)*

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# SUGGESTED MENU ITEMS FOR MSG SENSITIVITY

## GARDEN FRESH SALADS

*(no Garlic Cheese Biscuits)*

- Garden Salad *(also no croutons)*
- Grilled Chicken Salad *(petite/full – also no croutons)*
- Grilled Salmon Salad *(petite/full – also no croutons)*
- Creole Shrimp Salad *(petite/full – also no croutons)*
- Fresh Garden Bar

# MSG

### MSG FREE TOPPINGS:

*Edamame, diced apples, cottage cheese, shredded cheddar cheese, garbanzo beans, diced ham, shredded Swiss cheese, black olives, diced egg, bacon bits, banana peppers, feta cheese crumbles, beets, Parmesan cheese, green peas, blue cheese crumbles, sunflower seeds*

### MSG FREE DRESSINGS:

*Balsamic Vinaigrette, French, Honey Mustard, Olive Oil & Vinegar*

## PREMIUM SEAFOOD

*(no Garlic Cheese Biscuits)*

- Creole Catch
- New Orleans Seafood *(also no Parmesan cream sauce)*
- Grilled Salmon

## STEAKS & CHICKEN

*(no Garlic Cheese Biscuits, no Lobster Mac 'n Cheese or Shrimp Scampi add-ons)*

- Petite Sirloin\* *(7 oz.)*
- Top Sirloin\* *(9 oz.)*
- Chef's Cut Sirloin\* *(12 oz.)*
- Rib Eye\* *(14 oz.)*
- Steak\* & Lobster Tail
- Chicken Fresco *(also no lemon-butter sauce)*
- Chicken Bella *(also no artichoke hearts, no Parmesan cream sauce)*
- Barbecue Grilled Chicken *(also no Boston barbecue sauce)*

## SIGNATURE SIDES

- Sugar Snap Peas
- Fresh Steamed Broccoli
- White Cheddar Mashed Potatoes
- Fresh Grilled Asparagus
- Fresh Grilled Green Beans
- Diced Apples *(kids' menu; no caramel sauce)*

## PERFECT LUNCH COMBINATIONS

Ruby Minis Combination *(no Garlic Cheese Biscuits, no french fries, no soup, no croutons on Garden Salad)*

## FRESH HANDCRAFTED BURGERS\*

*(no Garlic Cheese Biscuits, no bun, no french fries)*

- Ruby's Classic Burger
- Classic Cheeseburger
- Bacon Cheeseburger
- Boston Blue Burger *(also no onion rings, no Boston barbecue sauce)*
- Alpine Swiss Burger
- Smokehouse Burger *(also no onion rings, no barbecue sauce)*

## PRIME BURGERS\*

*(no Garlic Cheese Biscuits, no bun, no french fries)*

- Triple Prime Burger
- Triple Prime Cheddar Burger
- Triple Prime Bacon Cheddar Burger

# MSG

## PREMIUM SANDWICHES

*Fresh Grilled Chicken Sandwich (no Garlic Cheese Biscuits, no bun, no french fries)*

## KIDS' MENU

*(no Garlic Cheese Biscuits)*

- Chop Steak
- Grilled Chicken
- Beef Mini Burgers

## DESSERTS

*Berry Good Yogurt Parfait (no granola)*

## BRUNCH

*(no biscuits)*

- Berry Good Yogurt Parfait *(also no granola)*
- Mini Benedicts – Steak *(also no brunch potatoes)*

## KIDS' BRUNCH

*Eggcellent Combo (no biscuits, no brunch potatoes)*

**NOTE ABOUT MSG:** *The menu items as suggested above do not have any added Monosodium Glutamate (MSG) or processed free glutamic acid. There are certain foods that naturally contain bound and free glutamate/glutamic acid. These foods include, but are not limited to milk, eggs, beef, fish, chicken, potatoes, corn, tomatoes, broccoli, mushrooms, peas, grape juice, tomato juice, soy sauce, and Parmesan cheese.*

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# SUGGESTED MENU ITEMS FOR PEANUT / TREE NUT ALLERGY

## APPETIZERS

Chicken Quesadilla *(no salsa)*  
California Club Quesadilla *(no salsa)*  
Fresh Avocado Quesadilla *(no salsa)*

## FRESH GARDEN SALADS

Freshly Made Soup & Garden Salad *(no Broccoli & Cheese Soup, no White Bean Chicken Chili, no Clam Chowder, no croutons on Garden Salad)*

Garden Salad *(no croutons)*  
Grilled Chicken Salad *(petite/full – no croutons)*  
Grilled Salmon Salad *(petite/full – no croutons)*  
Creole Shrimp Salad *(petite/full – no croutons)*  
Fresh Garden Bar

### PEANUT/TREE NUT FREE TOPPINGS:

*Diced red peppers, edamame, artichokes, southwestern mix, dried cranberries, diced apples, cottage cheese, shredded cheddar cheese, garbanzo beans, diced ham, shredded Swiss cheese, black olives, diced eggs, bacon bits, banana peppers, feta cheese crumbles, beets, Parmesan cheese, pepperoncini, green peas, sun dried tomatoes, blue cheese crumbles, sunflower seeds*

### PEANUT/TREE NUT FREE DRESSINGS:

*Balsamic Vinaigrette, Lite Ranch, Zesty Italian, Blue Cheese, French, Ranch, Honey Mustard*

### PEANUT/TREE NUT FREE GARDEN BAR SALAD:

*Blue Cheese Coleslaw*

## PREMIUM SEAFOOD

Creole Catch  
Trout Almondine *(no almonds, no lemon-butter sauce)*  
New Orleans Seafood *(no Parmesan cream sauce)*  
Grilled Salmon

## STEAKS & CHICKEN

*(no Lobster Mac 'n Cheese or Shrimp Scampi add-ons)*

Petite Sirloin\* *(7 oz.)*  
Top Sirloin\* *(9 oz.)*  
Chef's Cut Sirloin\* *(12 oz.)*  
Rib Eye\* *(14 oz.)*  
Peppercorn Mushroom Sirloin\* *(9 oz., also no Parmesan cream sauce)*  
Cowboy Sirloin\* *(9 oz., also no Boston barbecue sauce, no onion rings)*  
Steak\* & Lobster Tail  
Chicken Fresco *(no lemon-butter sauce)*  
Chicken Bella *(no Parmesan cream sauce)*  
Barbecue Grilled Chicken *(no Boston barbecue sauce)*

## PASTA CLASSICS

Parmesan Shrimp Pasta *(no Parmesan cream sauce)*  
Vegetarian Pasta Marinara  
Chicken & Mushroom Alfredo *(no Parmesan cream sauce)*  
Chicken & Broccoli Pasta *(no Parmesan cream sauce)*  
Shrimp Carbonara *(no Parmesan cream sauce)*

# PEANUT TREE NUT

## RIBS & PLATTERS

*(no Chicken Tenders, Louisiana Fried Shrimp, or Wings add-ons)*

Memphis Dry Rub Baby-Back Ribs

## SIGNATURE SIDES

Baked Potato

Blue Cheese Coleslaw

Sugar Snap Peas

Fresh Steamed Broccoli

White Cheddar Mashed Potatoes

Fresh Grilled Asparagus

Fresh Grilled Green Beans

Loaded Baked Potato

Diced Apples *(kids' menu; no caramel sauce)*

# PEANUT TREE NUT

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## PERFECT LUNCH COMBINATIONS

*(no Broccoli & Cheese Soup, no White Bean Chicken Chili, no Clam Chowder, no croutons on Garden Salad)*

Freshly Made Soup & Garden Salad

Ruby Minis Combination *(also no french fries)*

## FRESH HANDCRAFTED BURGERS\*

*(no french fries)*

Ruby's Classic Burger

Classic Cheeseburger

Bacon Cheeseburger

Boston Blue Burger *(also no onion rings, no Boston barbecue sauce)*

Alpine Swiss Burger

Smokehouse Burger *(also no onion rings, no barbecue sauce)*

## FRESH HANDCRAFTED PRIME BURGERS\*

*(no premium knot roll (can substitute golden bun), no french fries)*

Triple Prime Burger

Triple Prime Cheddar Burger

Triple Prime Bacon Cheddar Burger

## PREMIUM SANDWICHES

Fresh Grilled Chicken Sandwich *(no french fries)*

## KIDS' MENU

Pasta Marinara

Butter Pasta

Beef Mini Burgers

Chop Steak

Grilled Chicken

Gourmet Chocolate Chip Cookies

## DESSERTS

New York Cheesecake

Berry Good Yogurt Parfait *(no granola)*

Gourmet Chocolate Chip Cookies

## BRUNCH

Biscuits

Berry Good Yogurt Parfait *(no granola)*

Mini Benedicts – Steak *(no brunch potatoes)*

Sunrise Quesadilla – California Club *(no salsa)*

Sunrise Quesadilla – Bacon Avocado *(no salsa)*

Western Omelet *(no brunch potatoes)*

Cranapple Crêpes *(no caramel sauce, no whipped topping, no syrup)*

Steak\* & Eggs *(no brunch potatoes)*

PEANUT  

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TREE NUT

## KIDS' BRUNCH

Biscuits

Patty Cakes *(no syrup)*

Eggcellent Combo *(no brunch potatoes)*

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# SUGGESTED MENU ITEMS FOR SHELLFISH ALLERGY

## SHELLFISH

### APPETIZERS

Chicken Quesadilla (*no salsa*)  
California Club Quesadilla (*no salsa*)  
Fresh Avocado Quesadilla (*no salsa*)

### GARDEN FRESH SALADS

Freshly Made Soup & Garden Salad (*no Broccoli & Cheese Soup, no White Bean Chicken Chili, no Clam Chowder, no croutons on Garden Salad*)  
Garden Salad (*no croutons*)  
Grilled Chicken Salad (*petite/full – no croutons*)  
Grilled Salmon Salad (*petite/full – no croutons*)  
Fresh Garden Bar

#### SHELLFISH FREE TOPPINGS:

*Diced red peppers, edamame, artichokes, southwestern mix, dried cranberries, diced apples, cottage cheese, shredded cheddar cheese, garbanzo beans, diced ham, shredded Swiss cheese, black olives, diced eggs, bacon bits, banana peppers, feta cheese crumbles, beets, Parmesan cheese, pepperoncini, green peas, sun dried tomatoes, blue cheese crumbles, sunflower seeds*

#### SHELLFISH FREE DRESSINGS:

*Balsamic Vinaigrette, Lite Ranch, Zesty Italian, Blue Cheese, French, Ranch, Honey Mustard, Olive Oil & Vinegar*

#### SHELLFISH FREE GARDEN BAR SALAD:

*Blue Cheese Coleslaw*

### PREMIUM SEAFOOD

Creole Catch  
Grilled Salmon

### STEAKS & CHICKEN

*(no Lobster Tail, no Lobster Mac 'n Cheese, no Shrimp Scampi add-ons)*

Petite Sirloin\* (7 oz.)  
Top Sirloin\* (9 oz.)  
Chef's Cut Sirloin\* (12 oz.)  
Rib Eye\* (14 oz.)  
Peppercorn Mushroom Sirloin\* (9 oz., *also no Parmesan cream sauce*)  
Cowboy Sirloin\* (9 oz., *also no Boston barbecue sauce; no onion rings*)  
Chicken Fresco (*no lemon-butter sauce*)  
Chicken Bella (*no Parmesan cream sauce*)  
Barbecue Grilled Chicken (*no Boston barbecue sauce*)

### PASTA CLASSICS

Vegetarian Pasta Marinara  
Chicken & Mushroom Alfredo (*no Parmesan cream sauce*)  
Chicken & Broccoli Pasta (*no Parmesan cream sauce*)

### RIBS & PLATTERS

*(no Chicken Tenders, no Louisiana Fried Shrimp, or Wings add-ons)*

Memphis Dry Rub Baby-Back Ribs

# SHELLFISH

## SIGNATURE SIDES

Baked Potato  
Blue Cheese Coleslaw  
Sugar Snap Peas  
Fresh Steamed Broccoli  
White Cheddar Mashed Potatoes  
Fresh Grilled Asparagus  
Fresh Grilled Green Beans  
Loaded Baked Potato  
Diced Apples (*kids' menu; no caramel sauce*)

## PERFECT LUNCH COMBINATIONS

(*no Broccoli & Cheese Soup, no White Bean Chicken Chili, no Clam Chowder, no croutons on Garden Salad*)  
Freshly Made Soup & Garden Salad  
Ruby Minis Combination (*also no french fries*)

## FRESH HANDCRAFTED BURGERS\*

(*no french fries*)  
Ruby's Classic Burger  
Classic Cheeseburger  
Bacon Cheeseburger  
Boston Blue Burger (*also no onion rings, no Boston barbecue sauce*)  
Alpine Swiss Burger  
Smokehouse Burger (*also no onion rings, no barbecue sauce*)

## FRESH HANDCRAFTED PRIME BURGERS\*

(*no premium knot roll (can substitute golden bun), no french fries*)  
Triple Prime Burger  
Triple Prime Cheddar Burger  
Triple Prime Bacon Cheddar Burger

## PREMIUM SANDWICHES

Fresh Grilled Chicken Sandwich (*no french fries*)

## KIDS' MENU

Pasta Marinara  
Butter Pasta  
Beef Mini Burgers  
Chop Steak  
Grilled Chicken  
Gourmet Chocolate Chip Cookies

## DESSERTS

Italian Cream Cake  
New York Cheesecake  
Berry Good Yogurt Parfait (*no granola*)  
Gourmet Chocolate Chip Cookies

## BRUNCH

Biscuits

Berry Good Yogurt Parfait *(no granola)*

Mini Benedicts – Steak *(no brunch potatoes)*

Sunrise Quesadilla – California Club *(no salsa)*

Sunrise Quesadilla – Bacon Avocado *(no salsa)*

Western Omelet *(no brunch potatoes)*

Cranapple Crêpes *(no caramel sauce, no whipped topping, no syrup)*

Steak\* & Eggs *(no brunch potatoes)*

# SHELLFISH

## KIDS' BRUNCH

Biscuits

Patty Cakes *(no syrup)*

Eggcellent Combo *(no brunch potatoes)*

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# SUGGESTED MENU ITEMS FOR SOY ALLERGY

## GARDEN FRESH SALADS

*(no Garlic Cheese Biscuits)*

Garden Salad *(also no croutons)*

Grilled Chicken Salad *(petite/full – also no croutons)*

Grilled Salmon Salad *(petite/full – also no croutons)*

Fresh Garden Bar

# SOY

### SOY FREE TOPPINGS:

*Diced red peppers, artichokes, southwestern mix, dried cranberries, diced apples, shredded cheddar cheese, garbanzo beans, diced ham, shredded Swiss cheese, black olives, diced eggs, bacon bits, banana peppers, feta cheese crumbles, beets, Parmesan cheese, Pepperoncini, green peas, sun dried tomatoes, blue cheese crumbles, sunflower seeds*

### SOY FREE DRESSINGS:

*Balsamic Vinaigrette, Lite Ranch, Zesty Italian, French, Ranch, Honey Mustard (all contain highly refined soybean oil)*

## STEAKS\* & CHICKEN

*(no Garlic Cheese Biscuits, Lobster Tail, Lobster Mac 'n Cheese, or Shrimp Scampi add-ons)*

Petite Sirloin (7 oz., *also no seasoned steak butter*)

Top Sirloin (9 oz., *also no seasoned steak butter*)

Chef's Cut Sirloin (12 oz., *also no seasoned steak butter*)

Rib Eye (14 oz., *also no seasoned steak butter*)

Chicken Fresco *(also no lemon-butter sauce)*

Barbecue Grilled Chicken *(also no Boston barbecue sauce)*

## PASTA CLASSICS

Chicken & Mushroom Alfredo *(no Garlic Cheese Biscuits, no sautéed baby portabella mushrooms, no Parmesan cream sauce)*

## SIGNATURE SIDES

Baked Potato *(baked with highly refined soybean oil)*

Sugar Snap Peas *(no seasoned liquid margarine)*

Fresh Steamed Broccoli *(no seasoned liquid margarine)*

Fresh Grilled Asparagus *(no liquid margarine)*

Fresh Grilled Green Beans *(no liquid margarine)*

Loaded Baked Potato *(baked with highly refined soybean oil)*

Diced Apples *(kids' menu; no caramel sauce)*

## PERFECT LUNCH COMBINATIONS

Ruby Minis Combination *(no Garlic Cheese Biscuits, no margarine on bun, no cheese, no french fries, no soup, no croutons on Garden Salad)*

## FRESH HANDCRAFTED BURGERS\*

*(no Garlic Cheese Biscuits, no bun, no french fries)*

Ruby's Classic Burger

Bacon Cheeseburger *(also no cheese)*

Boston Blue Burger *(also no onion rings, no Boston barbecue sauce)*

Smokehouse Burger *(also no onion rings, no barbecue sauce)*

## PRIME BURGERS\*

*(no Garlic Cheese Biscuits, no bun, no french fries)*

- Triple Prime Burger
- Triple Prime Cheddar Burger
- Triple Prime Bacon Cheddar Burger

SOY

## PREMIUM SANDWICHES

*Fresh Grilled Chicken Sandwich (no Garlic Cheese Biscuits, no bun, no cheese, no french fries)*

## KIDS' MENU

- Chop Steak
- Grilled Chicken
- Beef Mini Burgers *(no margarine on bun, no cheese)*

## BRUNCH

*(no biscuits, no brunch potatoes)*

- Berry Good Yogurt Parfait *(also no granola)*
- Mini Benedicts – Steak *(also no margarine on bun, no Hollandaise sauce)*
- Steak\* & Eggs

## KIDS' BRUNCH

*Eggscellent Combo (no biscuits, no brunch potatoes)*

**NOTE ABOUT SOY:** *Ingredients in these menu items may contain highly refined soybean oil.*

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